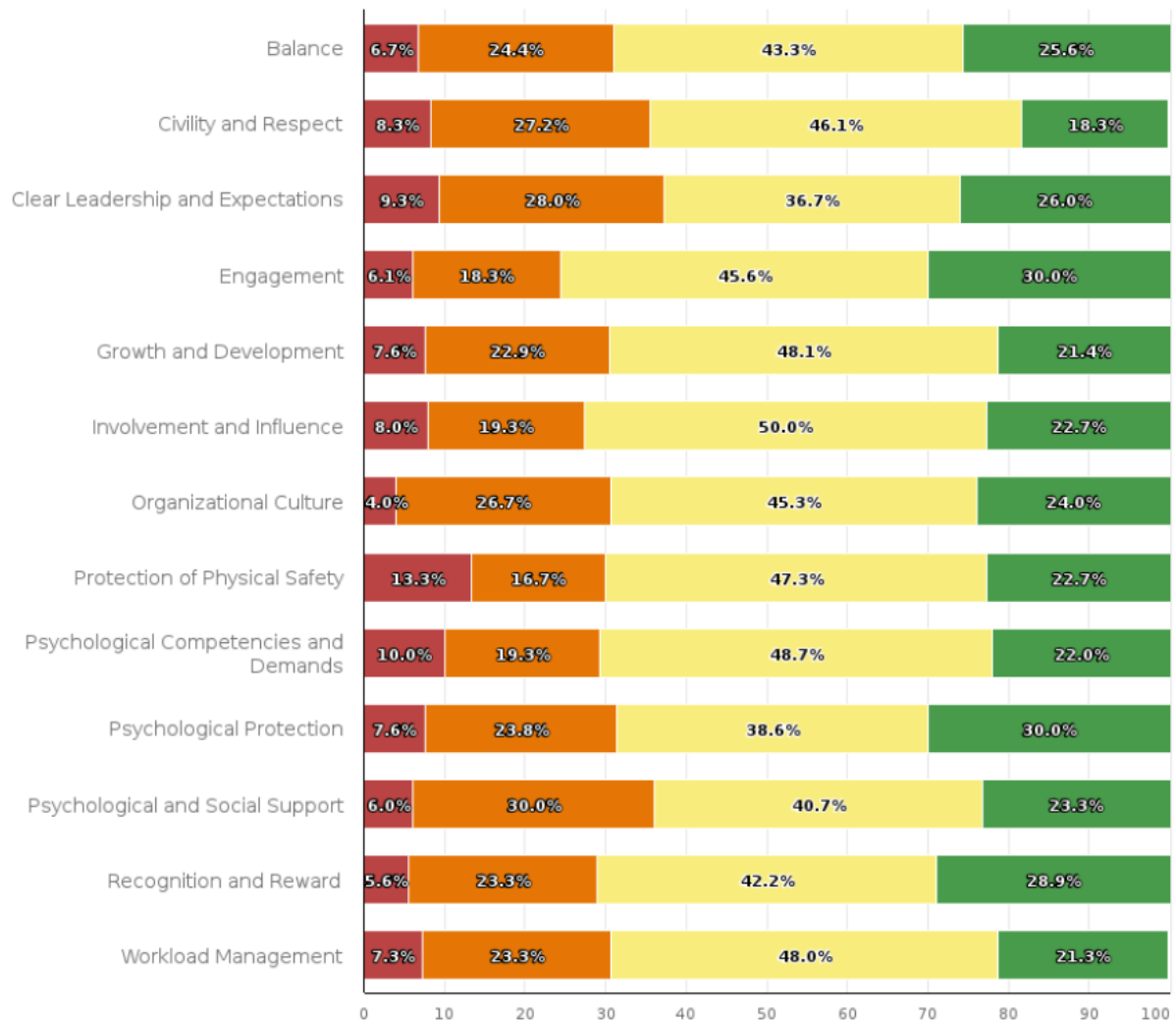


Sample Report

SAMPLE KEY SECTIONS OF A CORPORATE WELNESS REPORT

1. Executive Summary
2. Summary of 11 Psycho-social groups
3. Detailed elements for each psycho social group, compared with previous period
4. Summary of improvements during the period (identifying department wise detail)
5. Summary of deterioration during the period (identifying departments detail)
6. Summary of Action items

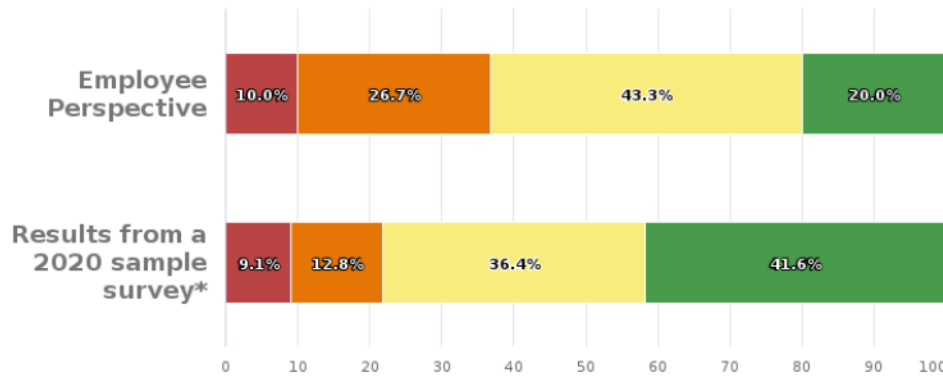
SAMPLE SECTION 2: Summary of 11 Psycho-social groups



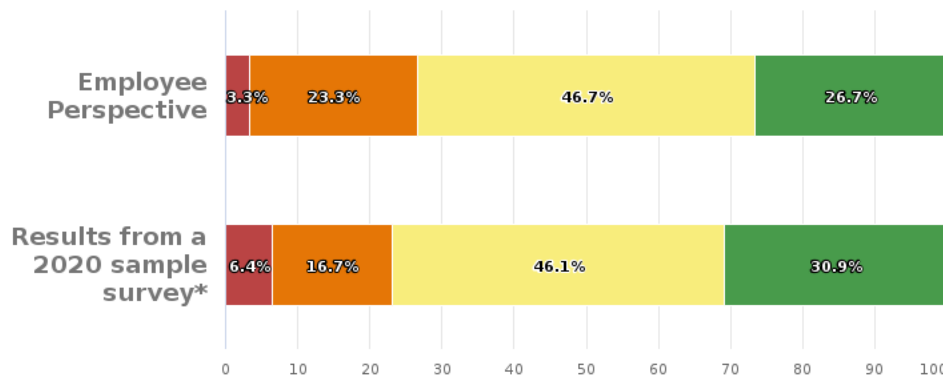
SAMPLE SECTION 3: Detailed elements for each psycho social group, compared with previous period

BALANCE

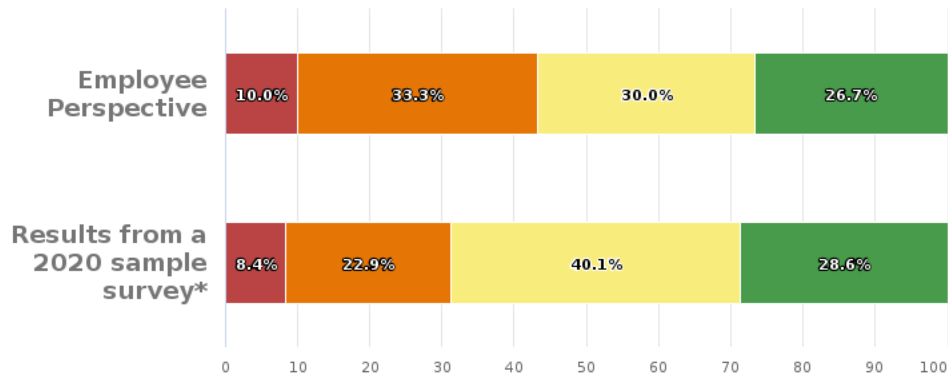
1. My employer encourages me to take my entitled breaks (e.g., lunchtime, sick time, vacation time, earned days off, parental leave).



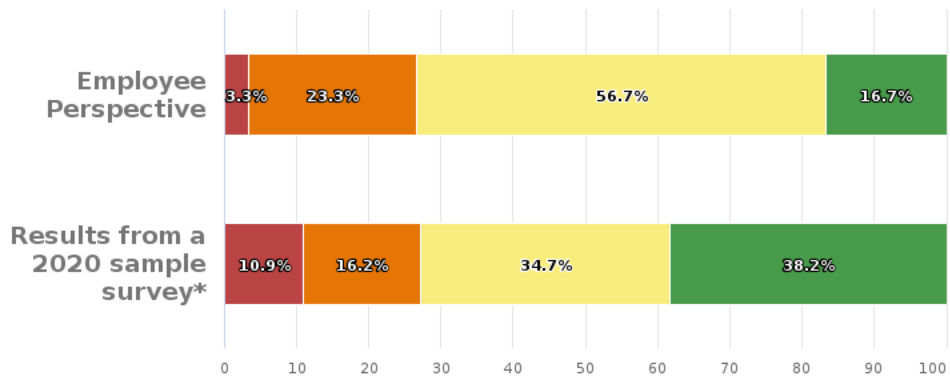
2. I am able to reasonably balance the demands of work and personal life.



3. My employer promotes work-life balance.



4. I can talk to my supervisor when I am having trouble maintaining work-life balance.



And so on....